

Media Release

22 September 2023

H.O.P.E Café to headline Seniors Month activities in the Gladstone Region

Queensland Seniors Month is back and Gladstone Regional Council together with various community groups and organisations will host several events to keep seniors connected throughout October.

Gladstone Region Mayor Matt Burnett said the popular H.O.P.E Café (Helping Other Possibilities Emerge) lunch is returning with this year's event taking place at Builyan and Many Peaks Progress Association Hall on Wednesday 25 October from 11am.

"H.O.P.E Café is a fantastic opportunity for seniors to come together for lunch and great conversations," Councillor Burnett said.

"Last year's lunch was well attended with more than 100 people gathering at The Old Station in Raglan and I'm expecting this year's event to be just as popular."

Transport to and from Builyan and Many Peaks Progress Association Hall is available across the region with transportation routes and times to be advised closer to date.

Registrations open on Monday 25 September via Council's online Conversations platform (conversations.gladstone.qld.gov.au).

Cr Burnett said many other events will take place throughout October including various markets, pyrography workshops, morning teas, lunches, dinners, outdoor activities and much more.

"Seniors Month activities are a fantastic way for our older people to connect with each other," he said.

"Council is proud to join in on the fun of Seniors Month while also promoting events and activities that will be hosted by various community groups and organisations."

Visit www.gladstone.qld.gov.au/senior for a comprehensive list of Council and community-related events taking place during Queensland Seniors Month.

Hard copies of the Seniors Month calendar are available at any Council office, Rural Transaction Centre or from any of the eight Gladstone Regional Libraries.

For more information, seniors can call the Philip Street Communities and Families Precinct on 4976 6300.

ENDS