Media Release

21 February 2023

Build your knowledge and capacity during disasters with free First Aid course

Gladstone Regional Council is inviting interested community members to register for free First Aid and cardiopulmonary resuscitation (CPR) courses in March and April.

The courses, fully funded by the Commonwealth and Queensland Governments, are taking place at Boyne Valley, Mount Larcom and Calliope.

Gladstone Region Mayor Matt Burnett said sessions at Agnes Water and Baffle Creek are already fully booked, so he is encouraging residents interested in the remaining courses to register their interest as soon as possible.

"RSVPs are required, at the latest, two weeks prior to each session date, so while time remains for the remaining sessions, we are expecting them to fill quickly so it's best to register your interest sooner rather than later," Councillor Burnett said.

"The sessions will run from 8am until 3.30pm with a light lunch provided.

"There's also an online component for the training that must be completed prior to attending the course, with a link sent out to participants once their attendance has been confirmed."

The dates, locations and venues for the courses are:

- Friday 10 March Agnes Water Community Hall (fully booked)
- Monday 27 March Boyne Valley Nagoorin Community Hall
- Tuesday 28 March Mt Larcom Community Hall
- Thursday 20 April Calliope Function Room, Community Centre
- Friday 21 April- Baffle Creek Baffle Creek Community Inc. (fully booked)

Cr Burnett said while disasters are not always preventable, undertaking thorough planning and education – such as First Aid training – will help prepare community members should assistance be required.

"Courses like this are designed to build capacity in the region and promote resilience in the community in preparation for the disaster season," he said.

"Cyclones, floods and fires can cause havoc and injury, and unfortunately, we are not immune to these natural disasters in the Gladstone Region."

All inquiries, including attendance registration, should be directed to info@gladstone.qld.gov.au – please include your full name, address, phone number, best email address and any dietary requirements. Alternatively, please call 4970 0700.

The Gladstone Regional Council community First Aid project is jointly funded under the Commonwealth/State Disaster Recovery Funding Arrangements.

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