

Media Release

23 May 2022

Make your first step a strong one with a series of free workshops

Gladstone Regional Council is proud to be launching Strong Steps – a series of free workshops designed to help people and organisations develop the skills they need to thrive.

The workshops offer opportunities across our community in areas such as capacity building, relationship development, reconciliation and positive mental health outcomes.

Workshop topics covered include:

- Strong Steps to Reconciliation through Powerful Connections
- Strong Steps to Improved Mental Wellbeing
- Strong Steps to Club Success
- Strong Steps to Improve Tenancy Skills
- Strong Steps to Volunteering.

Gladstone Region Acting Mayor Kahn Goodluck said workshops will take place at various locations across the Gladstone Region and at the Philip Street Communities and Families Precinct.

“These workshops have been designed to help strengthen the skills and knowledge of individuals and local organisations,” Councillor Goodluck said.

“Workshop examples include Mental Health First Aid workshops, SafeTALK, Infrastructure Project Planning, a Sport and Recreation Forum, a workshop on harnessing the power of social media, a workshop to improve tenancy skills and much more.

“There will also be several workshops themed around reconciliation that will be held during National Reconciliation Week from 27 May to 3 June.

“I’d encourage anyone interested to visit Council’s Conversations page to find out more and to register for any of the workshops.”

Visit conversations.gladstone.qld.gov.au and click on the Strong Steps icon to learn more.

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